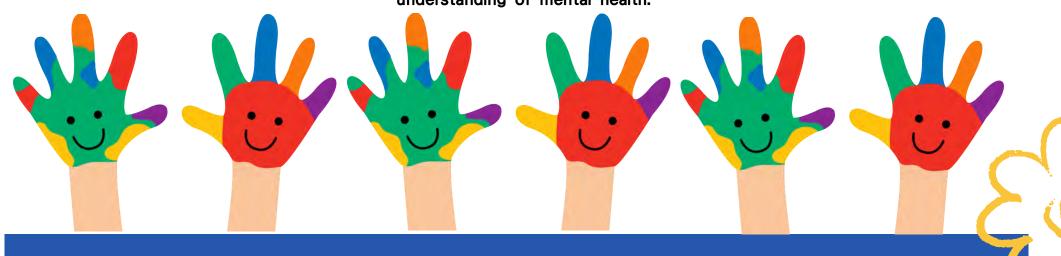
精神健康守護者計劃 Mental Health Gatekeeper Oper

"Mental Health Gatekeeper Training Project" (MHG) aims at developing a group of students to foster a school environment with heightened awareness of mental health and draw synergy in the campus to cultivate a caring school atmosphere with understanding of mental health.



Programme Details

Training:

- Youth Mental Health First Aid (MHFA) Certificate Course
- Emotion Management Workshop

Visits:

• Mind Space, Castle Peak Hospital (青山醫院精神健康體驗館)

Services Opportunities:

Organization of Wellness Week
Activities

Application

8 - 18 September 2025

Interview

24 & 26 September 2025

Mental Health Awareness Activities

October 2025 to March 2026

Rewards and Recognition:

Upon completion of MHFA and required service, Mental Health Gatekeepers will I. Receive a MHFA Certificate

2. Receive a Mental Health Gatekeeper Certificate





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